الجمعية العربية للغدد الصم و سكري الأطفال
Arab Society for Paediatric Endocrinology and Diabetes

10th ASPED DIABETES ACADEMY

3-4 December 2026

Radisson Blu Hotel & Convention Center, Riyadh Minhal

3 December 2026		
8:00 – 8:30	Registration	
8:30 – 8:40	**Welcome: Ibrahim Alalwan & Bashir AlNaem**	
	Chairs: Dalia Abdulrazaq, Bashir AlNaem and Milad Gawel	
8:40 – 9:00	Natural history, staging & screening for T1D	Reem Alkhalifa, KSA
9:00 – 9:20	Recurrent DKA in T1D	Haifa Al-Farithi, KSA
9:20 – 9:40	Chronic Complications of T1D	Faten Ben Rajab, Libya
9:40 – 10:00	**Q&A**	
10:00 - 10: 30	**Coffee break**	
	Chairs: Hala Tfayli, Ahmed El-Awah & Walid Kaplan	
10:30 – 10:50	Current and future insulin therapies	Linda DiMeglio, USA
10:50 – 11:10	Diabetes Management Beyond insulin	Aqeel Al-Aqeel, TBC
11:10 – 11:30	Diabetes and Ramadan Fasting	Ines Kochtali, Tunisia
11:30 – 11:45	**Q&A**	
11:35 – 12:00	**Panel Discussion 1** Chair: Walid Kaplan & Ibrahim Al-Alwan Challenges in Diabetes Management All Faculty	
12:15 – 13:30	**Lunch break**	
	Chairs: Linda DiMeglio, Aqeel Al-Aqeel & Ines Kochtali	
13:30 – 15:00	Delegates' case presentations (9x7 min + Q&A)	TBC
15:00 - 15:30	**Tea break**	
15:30 – 16:30	Delegates' presentations (6 x7 min +Q&A)	TBC
16:30 – 17:00	Summary & take-home messages	Abdelhadi habeb & Ibrahim Al-Alwan
4 December 2026		
	Chairs: Reem Alkhalifa, Haifa Al-Farithi & Faten Ben Rajab	
8:30 – 8:50	ABC of insulin pump	Ahmad El-Awah, Egypt
8:50 – 9:10	T2D in children	Hala Tfayli, Lebanon
9:10 – 9:40	Monogenic Diabetes	Dalia Al-Abdulrazaq, Kuwait
9:40 – 10:00	**Q&A**	
10:00 - 10: 30	**Coffee break**	
10:30 – 11:00	**Panel discussion2** Chairs Abdelhadi Habeb & Amir Babiker Challenges in Diabetes Research All Faculty	
11:00 – 11:15	Academy Quiz	TBC
11:15 – 11:30	**Closing remarks**	Ibrahim Al-Alwan & Abdelhadi habeb
11:30 – 12:30	**Friday prayer**	
12:30 – 13:30	**Lunch**	
15:00 – 18:00	**Diabetes technology workshop** • **Continuous Glucose Monitoring (CGM): Understanding CGM systems, interpreting glucose trends, and optimizing glycemic control.** • **Insulin Pump Therapy: Principles of insulin pump management, settings, and dose adjustments.**	

	• **Automated Insulin Delivery (AID): Exploring hybrid closed-loop systems and automated insulin delivery technologies.** • **Time in Range (TIR): Understanding key glucose metrics and their clinical applications.** • **Pediatric Diabetes Management: Applying advanced diabetes technologies to improve patient outcomes.** • **Clinical Case Discussions: Practical case-based learning and troubleshooting common challenges.**