

2nd INTERNATIONAL CAIRO *Cosmetic Gynecology* CONGRESS

24-25

June, 2021

▼
Hilton Cairo
Heliopolis



SCIENTIFIC PROGRAM



FUNCTIONAL
GYNECOLOGY
INSTITUTE

Ayman El Attar, MD, ABLS

Congress President

President of American Aesthetic Association.
President of American Board of Cosmetic Gynecology.



Amr Seifeldin, MD, FAIAVS

Vice president
Scientific Committee Lead

Uro-Gynecology, Cosmetic Gynecology
Senior Faculty of American Aesthetic Associatio.



Amr Aboalyazid, MD, CFCMC

Secretary General

FertilityCare, Functional Gynecology
Senior Faculty of American Aesthetic Association.



Jamila Atannaz, MD, FAAA

Logistics Lead

Plastic Surgeon - Morocco.
Senior Faculty of American Aesthetic Association.



Amr Abbassy, MD

Social Lead

Obstetrics, Gynecology and Reproductive Medicine
Consultant in the Egyptian National Research Center.
Cairo, Egypt



Welcome Speech

As president of the American Aesthetic Association and congress president, I would like to welcome you all at the 2nd Cairo Cosmetic Gynecology Congress held today in the wonderful city of Cairo, Egypt.

I would like to thank our exceptional faculty for their dedication and hard work in putting together such an engaging program. Without their selfless efforts this congress would have not been possible. I would also like to express my gratitude to our esteemed delegates and industry sponsors for their trust and support.

The complexities women face after childbirth and during aging, regarding the structural changes of the female genitalia can affect both its appearance and function. Cosmetic gynecology aims to restore and enhance both the physical youthful appearance and physiological function of the genital organs. This can be a game changer as it relates to a woman's sexuality, dignity, self-confidence and overall quality of life.

The growing demand cosmetic gynecology procedures has quadrupled in the past decade, but was not met by an equal rise in well-trained healthcare professionals, able to perform these intricate procedures. For this reason the American Aesthetic Association; a global leader in advancing cosmetic gynecology education & training, has dedicated its renowned international faculty to provide the necessary knowledge and training in courses and conferences world-wide.

CCGC provides a very unique opportunity for all of us, to interact with our renowned speakers from all over the world, sharing their knowledge, techniques and experiences. I strongly believe that the topics discussed in the next two days, if applied correctly will help your practice to change many women's lives forever and for the better.

We hope your experience at CCGC will be an outstanding one. We expect that each one of you will carry the valuable knowledge they acquired in these two days into a thriving successful practice for many years to come.



Ayman Elattar, MD, ABLS
Congress President

A handwritten signature in black ink, appearing to read 'Ayman Elattar'.



OUR MISSION

The American Aesthetic Association (AAA) is an American medical institution, with practicing clinical offices in New York city and New Jersey, USA. It also has educational and training facilities established and registered in New Jersey USA, for the purpose of updating continuous medical education in the aesthetic fields, meeting American standards.

The American Aesthetic Association (AAA) offers several fellowship programs in Aesthetic Medicine, Cosmetic Gynecology, Liposuction and fat grafting.

FELLOWSHIP OF COSMETIC GYNECOLOGY

It's a two-step structured program including both didactic and practical components of the curriculum, with all recent developments in this new and fast evolving subspecialty.

Step1: Non-Surgical Cosmetic Gynecology (2 days)

Step2: Surgical Cosmetic Gynecology (2 days)

The AAA Fellowship program in Cosmetic gynecology has been given over 87 times worldwide in USA, Canada, UAE, Philippines, Pakistan, India, Saudi Arabia, Jordan, Qatar, Nigeria, Europe, Australia and many other countries, with more than 2000 satisfied and practicing graduates worldwide. It is by far the most comprehensive course and remains without competition the most complete with the largest numbers of topics, lectures as well as clinical case variety.

AAA faculties are chosen from renowned certified international practitioners and surgeons in female genital aesthetics who are leading figures in their fields. They travel from USA and many countries to conduct the international course, sharing their experiences and clinical secrets with the delegates. This comes at a cost, that AAA has to bear to provide this quality course.

After completion of both steps, and passing a 100 MCQ question examination, delegates will be eligible for the certificate of Fellowship in Cosmetic Gynecology by the "American Board of Cosmetic Gynecology (ABCG)".

By the end of the four days (both steps) the delegates will have basic comprehensive knowledge of this new field and have acquired the basic hand skills to practice cosmetic gynecology procedures. Delegates will also have texting accesses to trainers for 3 months after the course to answer questions.

DAY 1
THURSDAY
24th June, 2021

REGISTRATION



OPENING CEREMONY AND WELCOME RECEPTION

09:00 – 09:20

WELCOME NOTE:

WELCOME NOTE: AYMAN EL ATTAR, MD, MS, ABLs
(PRESIDENT CGC 2021)

09:20 – 09:30

COSMETIC GYNECOLOGY IN EGYPT & MIDDLE EAST

SESSION 1

CHAIRPERSONS

By Alphabetical order



Ayman El Attar, MD



Prof. Abdel Maguid Ramzy



Prof. Ehab Soliman



Prof. Maged Abouseeda



Prof. Mona Reda

09:30 - 10:00 **AYMAN EL ATTAR, MD**

Keynote: New Labia Minora Hypertrophy Classification.



10:00 - 10:20 **AMMAR MAHMOUD, MD**

Labia Minora Plasty.



10:20 - 10:40 **JAMILA ATANNAZ, MD**

Labia Minoraplasty with Vascular Sparing.



10:40 - 11:00 **PIOTR KOLCZEWSKI, MD**

Labiaplasty, Does a Best Method Exist?



11:00 - 11:20 **PROF. ABDEL MAGUID RAMZY**

Management of Refractory Vaginismus.



11:20 - 11:40 **PROF. MONA REDA**

Anorgasmia, Women's Nightmare.



11:40 - 12:00 **PROF. EHAB SOLIMAN**

MRKH Syndrome Treatment Options.



12:00 - 12:20 **PAUL BANWELL, MD**

Latest Concepts in Classifications of Female Genitalia, Aesthetic Subunits & Anatomical Variations



12:20 - 12:30 **Q & A SESSION**

12:30 - 13:00 **COFFEE BREAK**

SESSION 2

CHAIRPERSONS

By Alphabetical order



Amr Aboalyazid, MD



Prof. Esmail Elgarhi



Prof. Hassan Awad



Marwa Fayez, MD

🕒 13:00 - 13:20



MARWA FAYEZ, MD

💬 Lifestyle Medicine in Functional Gynecology



🕒 13:20 - 13:40



PIOTR KOLCZEWSKI, MD

💬 Energy Based Devices Comparison.



🕒 13:40 - 14:00



JAMILA ATANNAZ, MD

💬 Monsplasty in office procedure (AVELAR).



🕒 14:00 - 14:20



AMR ABOALYAZID, MD

💬 Human Sexuality index, A Paradigm Shift in Sexual Health Assessment



🕒 14:20 - 14:40



AYMAN EL ATTAR, MD

💬 Platelet Rich Plasma in Female Genital Rejuvenation



🕒 14:40 - 14:50



AMR ABOALYAZID, MD

💬 IntimateFace Lift (Reap Medical)



🕒 14:50 - 15:00



Q & A SESSION

🕒 15:00 - 16:00

LUNCH

SESSION 3

CHAIRPERSONS

By Alphabetical order



Amr Abbassy, MD



Amr Aboalyazid, MD



Fahad Usman, MD



Hassan Al Mutawakel, MD

16:00 - 16:20 AHMED AL BADR, MD

Labia Majora Surgical Options.



16:20 - 16:40 QUEK YEK SONG, MD

Suture-less Skin Closure & Abdominal Muscle Repair.



16:40 - 17:00 CAROLYN DELUCIA, MD

Acoustic Shock Wave Therapy in Cosmetic Gynecology.



17:00 - 17:20 CAROLYN DELUCIA, MD

HIFEM in Cosmetic Gynecology.



17:20 - 17:40 MARYORY GOMEZ, MD

Classification of Labia Majora Flaccidity & Treatment Options.



17:40 - 18:00 RASHAD HADDAD, MD

Female Sexual Dysfunction & Regenerative Gynecology



18:00 - 18:20 AMR ABBASSY, MD

Digitalization of Medical Industry,
Tips to Jump Start your Aesthetic Gynecology Practice.



18:20 - 18:30 Q & A SESSION

END OF DAY ONE

The background features a gradient from teal at the top to orange at the bottom, overlaid with a pattern of faint, repeating Egyptian hieroglyphs. The text is centered in the middle of the image.

DAY 2

FRIDAY

25th June, 2021

SESSION 4

CHAIRPERSONS

By Alphabetical order



Dr. Ammar Mahmoud



Hassan Al Mutawakel, MD



Jamila Atannaz, MD



Fahad Usman, MD

09:00 - 09:20 **HASSAN ALMUTAWAKEL, MD**

Key note: Efficacy of PRP injection for Urinary & Fecal Incontinence During Vaginoplasty Procedure.

09:20 - 09:40 **AMMAR MAHMOUD, MD**

Pre & Post-Operative Instructions in Cosmetic Gynecology.

09:40 - 10:00 **AMMAR MAHMOUD, MD**

Cosmetic Gynecology Consultation

10:00 - 10:20 **PROF. FERIT SARACOGLU**

Er:Yag Laser in Vaginal Rejuvenation.

10:20 - 10:40 **RAFAL KUZLIK, MD**

Labia Majora Plasty Surgery.

10:40 - 11:00 **ISABEL HERMENEGILDO, MD**

Carboxy Therapy in Aesthetic Gynecology.

11:00 - 11:20 **FAHAD USMAN, MD**

Stem Cell Therapy in Male Genital Enhancement.

11:20 - 11:30 **AMR ABOALYAZID, MD**

Intimate Area Whitening Protocol (Promo Italia)

PROMOITALIA
MEDICAL AESTHETICS

11:30 - 11:40 **Q & A SESSION**

11:40 - 13:00 **COFFEE BREAK & FRIDAY PRAYER**

SESSION 5

CHAIRPERSONS

By Alphabetical order



Jamila Atannaz, MD



Jhoan Haddad, MD



Nardine Yohanna, MD



Reham Awwad, MD


 **13:00 - 13:20**  **AMR ABOALYAZID, MD** 

 Sexual Health in Cancer Patients.


 **13:20 - 13:40**  **REHAM AWWAD, MD** 

 Restore FGM: Multidisciplinary Approach for FGM Care.


 **13:40 - 14:00**  **JHOAN HADDAD, MD** 

 HA Filler & Autologous Fat Transfer in Genital Rejuvenation.

 **14:00 - 14:20**  **NARDINE YOHANNA, MD** 

 Management of Dyschromia in Genital Area.

 **14:20 - 14:40**  **AMR SEIFELDIN, MD** 

 Vaginoplasty

 **14:40 - 15:00**  **AMR ABOALYAZID, MD** 

 Hyaluronic Acid in Functional Gynecology
(Abbott)



 **15:00 - 15:10**  **Q & A SESSION**

 **15:10 - 16:00**  **LUNCH BREAK**

SESSION 6

MASTER CLASS IN COSMETIC GYNECOLOGY

CHAIRPERSONS

By Alphabetical order



Amr Seifeldin, MD



Ayman El Attar, MD



Jhoan Haddad, MD




Piotr Kolczewski, MD

 16:00 - 16:20  PIOTR KOLCZEWSKI, MD

 CO2 Laser Vaginoplasty.




 16:20 - 16:40  AMR SEIFELDIN, MD

 Surgical Management after Female Genital Cutting.



 16:40 - 17:00  RED ALINSOD, MD

 Awake No IV In-Office Vaginoplasty for Modern Gynecology Practice.




 17:00 - 17:20  RAFAL KUZLIK, MD

 Rotation Flap for Botched Labiaplasty Repair.




 17:20 - 17:40  RED ALINSOD, MD

 Radiofrequency Transformation in Aesthetic & Functional Gynecology.




 17:40 - 18:00  JOAO BRITO JAENISCH, MD

 Cost Effective Procedure: O shot, Vampire Wing Lift & Vampire Face lift.



 18:00 - 18:20  AYMAN ELATTAR, MD

 Clitoral Hood Reduction



 18:20 - 18:30  Q & A SESSION

END OF CONGRESS



FOR MORE INFORMATION

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